Autumn / Winter Menu Week 2

14th Sep, 5th & 26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Halal Main Meal Option	**All Day Breakfast:** Chicken Sausage, Baked Beans & Herby Potatoes	BBQ Chicken & Pasta in a Tomato & Herb Sauce	Spicy Baked Chicken, Gravy Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Home-baked Potato Wedges	Fish Fingers & Chips
Vegetarian Meal Option	Macaroni Cheese	Plant-based Pasta Bolognese with Wholewheat Penne VG	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Vegetable Lasagne	Quorn Burger with Chips
Vegetables	Broccoli, Sweetcorn or Baked Beans	Garden Peas & Carrots	Seasonal Greens & Country Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Freshly made Sandwich with Cheddar or Tuna Mayonnaise	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Fudge Cake	Strawberry Jelly with Fresh Fruit Slices VG	Sponge Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.