

You will know

Personal identity is made up of things that can or cannot be seen. These might be physical things, such as how someone looks or their blood type; or intangible things, such as talents they share or likes/dislikes. People may express their identity and individuality in different ways e.g. through something they wear. This helps us to recognise our self-worth.

A stereotype is an assumption about what someone will be like (e.g. their personal qualities or attributes) based on a group they belong to. They can be unfair and unhelpful and may have a negative effect on someone's behaviour, aspirations and feelings about themselves.

Discrimination is when an individual or group of people are treated unfairly due to a group they belong to. Some of the characteristics that make up a diverse community are legally protected from discrimination by the Equality Act.

It is important to behave in a considerate and responsible way because there could be serious consequences for yourself or others.

We can all be anti-racist by speaking up calmly and respectfully when someone says or does something racist. We can say 'that's not right.'

When you make friends online, it is important to realise that they may not be who they say they are. It is important that we never meet up with someone that we do not know in real-life. Some very popular apps have age restrictions to keep children safe.

You should follow 5 tips when deciding to share an image online:

- Ask for permission.
- Think about safety and privacy.
- Be respectful and kind.
- Only share positive images.
- Understand your digital footprint.

We can report anything making us feel unsafe online to a trusted adult. We can block and report anyone that makes us feel unsafe



PSHE

Year 5

Autumn

Term

Relationships

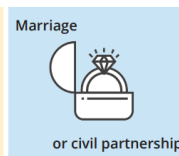


Mutual respect

- Treat each other the way you would like to be treated.
- Respect each other.

Protected Characteristics

It is against the law to discriminate against anyone because of:



Vocabulary

Word	Definition
Stereotype	An assumption about what someone will be like (e.g. their personal qualities or attributes) based on a group they belong to.
Discrimination	Unfair treatment of someone due to their characteristics e.g. race, gender.
Assumption	Some accepted as truth without proof.
Inclusion	Where everyone is included no matter what their characteristics e.g. race.
Acceptance	Where everyone is accepted no matter what their characteristics.
Anti-racist	An ongoing active effort to challenge racism in society
Hate crime	When a crime is committed against someone due to their disability, gender identity, race, religion, belief or sexual orientation.

How can you show consideration to others? How would this have a positive impact on them?