

REGISTER WITH US VIA 'BRENT MY ACCOUNT'

To access our services, you must first have a 'My Account' with Brent Council. Scan this image to register.



Mental health support for children under 18

Child and Adolescent Mental Health Services provides mental and emotional health specialist services for children and young people up to 18 years old and their families and carers.

<https://www.westlondon.nhs.uk/our-services/child-and-adolescent/camhs>

Call [0800 328 4444](tel:08003284444) and choose Option 2 for CAMHS.

ORAL HEALTH SESSIONS

Please ask about dates for the latest Oral Health Workshops, where children will have fun learning how to brush and look after their teeth.

2 YEAR FUNDING FOR A NURSERY PLACE

Do you qualify for a FREE nursery place for your two year old child? Scan this image to find out and apply online:



2, 3 & 4 YEAR OLD NURSERY SCHOOL PLACE

We offer places for 2, 3 & 4 year olds to start in our Nursery Schools. We have both 15 and 30 hour places. Call 0208 459 6813 to see if we have spaces available. Scan the image to apply for 30 hrs funding:



FOODBANK VOUCHERS AVAILABLE

If you need help with food, nappies & toiletries etc, please ask for more information at Reception.

FREE VITAMINS

For pregnant women and children age 0-5 years, please contact reception for more information (FAWOOD - Tuesday - 1-3pm, CURZON - Monday & Friday - 9-5pm)

Local Offer for Children with Special Educational Needs & Disability (SEND)

A single place to come for information and advice for children and young people with special educational needs and disabilities (SEND) aged 0-25, and their families.

Please visit <https://www.brent.gov.uk/children-young-people-and-families/send-local-offer> for more information

Curzon Nursery School and Family Wellbeing Centre
Curzon Crescent
NW10 9SD
02084596813

Fawood Nursery School and Family Wellbeing Centre
35 Fawood Avenue
NW10 8DX
02089659334



Curzon & Fawood Family Wellbeing Centre

Activities for JAN - APR 25

Register with us via "MY BRENT ACCOUNT" to access our services



CURZON & FAWOOD FAMILY WELLBEING CENTRE

Additional sessions and courses

Monday at Curzon

Let's Get Moving

9:30-11am

0-5 years

Come and join us and learn fun ways to keep fit

Monday at Fawood

Rhythm & Rhyme

TBC

0-3 years

Music group based on sound communications to support your child's speaking skills

Advisory Sessions

MONDAY at Curzon

CONNEXIONS

Career advice for 16 - 19 years. Will consider older ages too.

Appointment only

Monday at Fawood

Health4Life

12-1:30pm

One to one clinic - appointment only

Tuesday at Fawood

BABY CLINIC & BREASTFEEDING

0-5 years

1-3pm - Drop-in Session

TUESDAY at Curzon

SMALL TALK

9:30 - 4:00PM

Advice from the Speech & Language Team

Appointment only

WEDNESDAY at Curzon

CITIZENS ADVICE BRENT (CAB)

Appointment only

THURSDAY at Curzon

SALUSBURY WORLD

Support for migrant refugee and asylum seeking families.

Appointment only

Registered Childminder Sessions

WEDNESDAY at Curzon

CHILDMINDERS Session

9:30-11:00AM

0-5 years

Play and learn session for childminders and their registered children

- **Health4Life Minis at Fawood** every **Monday** from 9-10:30am - Group sessions - TBC

- **Emotional Health & Wellbeing workshop at Curzon** 11:30 - 1:30pm every **Wednesday** from 15th January

- **Introduction to Solids at Fawood** 9:30-11am on 15th Jan & 19th Feb for under 1year old

- **Circle of Security Parenting Group at Curzon** 11:30-1pm, every **Monday** from 3rd Feb

- **STAR drop-in sessions at Fawood** 12 - 2pm on 17th Jan & 23rd May

- **ESOL - TBC** - Please contact reception to register your interest

Please register to book all sessions online. Call reception on 02084596813/ 02089659334 for more information

Please ensure you arrive within 15 minutes of start time to the session or your place may be offered to other people in waiting

SATURDAY

ALPERTON & THREE TREES FWC OPEN from 9.00AM to 1.00PM

See website for services & booking www.brent.gov.uk/familywellbeingcentres

Wednesday at Fawood

Tummy Time

1:00-2:30pm

0-15 months only

An opportunity to support your baby's development through Tummy Time

Tuesday at Curzon

Let's Talk

10-11am

14 months-3.5 years

Join our play sessions to support your children's language & communication skills

Thursday at Curzon

Little Gardeners

10:30-12am

0-5 years

Chance to ignite your child's curiosity through this fun and interactive session

Friday at Curzon

Messy Play

9:30 - 11am

0-5 years

Sensory play that facilitates your child's exploration and naturally encourage children to use scientific processes while they play, create, investigate and explore.

After School Sessions

Monday at Curzon

Art Club - J King

16:00 - 17:30

8-16 years

Tuesday at Fawood

Martial Arts

16:00 - 18:00

10 years plus

PLEASE REGISTER TO ATTEND ANY OF THESE EVENTS. SEE QR - CODE ON THE BACK PAGE