

Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	Expectant Mums	By appointments Only
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Let's Get Moving at Curzon	9:30am - 11am	Weekly	0 – 5 years	Book a space online
Two & Terrific at Curzon	9:30 – 11am	2 June to 23 June	2 years	Book a space online
Brent Connexions at Curzon Employment Support and Advice	12pm – 4pm	Weekly	16 -19-years or up to 25 years with disability	Call reception 0208 4596813 to book an appointment
Art Club – J King at Curzon	4pm – 5:30pm	Weekly	8 – 16 years	Book a space online
Brent Health 4 Life Minis 1:1 clinic at Fawood	10:30am – 12pm	Weekly	2 – 5 years	By appointments only - call centre on 0208 4596813 to book an appointment



Session	Time	Date(s)	Age group	Booking details
Send Coffee Morning at Curzon	9:45am – 12:45pm	Monthly	Parents/carers of children with SEND needs	Call reception 0208 4596813 to book an appointment
Let's Talk at Curzon	10am – 11am	Weekly	14 months – 3.5 years	Book a space online
Baby Clinic & Breastfeeding Advice at Fawood	1pm – 3pm	Weekly	0 – 5 years	Drop-in Clinic
Mixed Martial Arts at Fawood	4pm – 6pm	Weekly	10 – 18 years	Book a space online



Session	Time	Date(s)	Age group	Booking details
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Childminder Session at Curzon	9:30am – 11am	Weekly	For registered childminders of children age 0 – 5 years	Book a space online
Citizen Advice Brent at Curzon Independent advice in all legal matters	9:30am – 4pm	Weekly	Adults	Call centre on 0208 4596813 to book an appointment
Henry Programme at Curzon	12 – 2:30pm	Weekly	0 – 5 years	Book a space online
Introduction to Solid Weaning advice from Health team.	9:30am – 11am	3 rd Wednesday of every month 21 May (at Curzon) 18 June (at Fawood) 16 July (at Fawood)	6 months plus	Book a space online
Baby Massage at Fawood	10 – 11am	Weekly	0 – 12 months	Book a space online
Tummy Time at Fawood	1pm – 2:30pm	Weekly	0 – 15 months	Book a space online



Session	Time	Date(s)	Age group	Booking details
Salisbury World at Curzon Advice & advocacy session for refugees and asylum seekers	9am – 4pm	Weekly	Adults	By appointments Only
Little Gardeners at Curzon	10:30am – 12am	Weekly	0 – 5 years	Book a space online
ESOL at Curzon Develop basic English language skills, speaking, reading and writing	12:30pm – 3:30pm	Weekly	For Parents (Crèche available for 0-5 years)	Call centre on 0208 4596813 to register your interest
PAIRS (parent infant relationship service) at Fawood	9am – 4pm	Weekly	Parents of children aged 0-2 years	By appointments Only



Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	New Mums + Babies	By appointments Only
Messy Play at Curzon	9:30am – 11am	Weekly	0 – 5 years	Book a space online
Music Group – Rhythm & Rhyme at Curzon	1pm – 2:30pm	Weekly	0 – 3 years	Book a space online
Brent Health 4 Life Minis 1:1 clinic at Curzon	1pm – 4pm	Weekly	2 – 5 years	By appointments only - contact reception 0208 4596813 to book an appointment
Being with your Baby at Fawood	9:30am – 11am	Weekly from 6 th June	0 – 12 months	Book a space online
STAR drop-in sessions at Fawood	12pm - 2pm	23 May	Families	Book a space online



Centre information

- Free vitamins are available at the Centre for all pregnant women and children under 5 years old.
- Local offer for children with Special Educational Needs & Disability, please visit website listed below for more information <https://brent.gov.uk/localoffer>
- Foodbank vouchers – please contact reception if you need help with food, nappies, toiletries etc.



Curzon & Fawood Family Wellbeing Centre

Curzon – Curzon Crescent, NW10 9SD - 0208 459 6813

Fawood – 35 Fawood Avenue, NW10 8DX – 0208 965 9334

Email: admin@curzon.brent.sch.uk



Barnardo's & Brent out of hours Family Support Helpline

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

