

## Key Facts

- All adults and children are unique because they all have different personalities, abilities and talents.
- All adults and children have similarities and differences. We have special, unique people in our lives that we care about.
- We all have families that love us, look after us and keep us safe.
- We can be a good friend to others by being kind, listening to our friends and looking after each other.
- Bullying happens over time by the same person or a group of people towards another person or group of people.
- We should be kind to others if we are online.
- We should ask permission if we want to take something that is not ours or touch someone e.g. a hug or holding hands.

Similarity



Difference



Bullying



## PSHE

### Year 1

## Autumn

# Relationships



## Core Vocabulary

Word	Definition
Unique	The only one like this
Individual	Ourselves or one person
Relationship	A connection between two people e.g. a friendship or with a family member
Personality	The kind of person that you are that makes you unique.
Protect	Look after
Similar	The same as something else.
Disagree	When you think the opposite of someone else.
Online	Using a tablet, phone or other device to go on the internet.
Positive	A good thing.
Negative	A bad thing.
Permission	When you ask if you can do something.

## Links to Previous Knowledge

In EYFS, under the Personal, social and emotional development ELG, the children learn to see themselves as a valuable individuals, build constructive and respectful relationships, express their feelings and consider the feelings of others, identify and moderate their own feelings socially and emotionally and think about the perspectives of others.

## Key skills and concepts:

Children will be able to:

- Understand what similarities and differences are and be able to identify similarities and differences between themselves and their peers related to their hobbies, likes, dislikes, family composition, etc.
- Understand the difference between bullying (that occurs over time) and one off incidents and what to do if they are being bullied.
- Talk about the qualities and behaviours that make a good friend.
- Identify what makes them special and unique.
- Understand that we should be kind online as well as face-to-face
- Everyone has a family. There are lots of different types of family and they provide us with love and security.



Friends



Unique children

## Key Questions

What makes me unique?

Who are the special people in my life?

What makes a family?

What is same or different about us?

How can I be a good friend?

Why should I be kind online?

How do I ask for permission?

The following UNICEF Conventions on the rights of the child link to this topic:

- **Article 12:** Children have the right to give their opinions freely on issues that affect them. Adults should listen and take children seriously.
- **Article 13:** Children have the right to share freely with others what they learn, think and feel, by talking, drawing, writing or in any other way unless it harms other people.